Richmond Hill
COUNTRY CLUB

SPORTS BAKERY

Morning Selections

Egg Salad Scoop with Sliced Tomato, Cucumber	6.00
Tuna Salad Scoop with Sliced Tomato, Cucumber	9.50
*Smoked Salmon Platter with Sliced Egg, Cream Cheese, Sliced Tomato and Cucumber	11.95

Two Egg Scrambler
Choice of Toast or Bagel with Preserves
or Choice of a Wrap with Whole Wheat Tortilla 7.50

add to Scrambler

Mushrooms	.80
Onions	.80
Low Fat Mozzarella	1.40
Egg White	1.10
Smoked Salmon	3.85

The above Fresh Start items are served with Sliced Tomato and Cucumber

Granola with Milk 4.95

Vegetarian Wrap with Mix Mushrooms, Spinach, Zucchini, Tomato and Mayo 8.50

Steaming Bowl of Oatmeal with Sun dried Cranberries and Canadian Maple Syrup 6.00

Vanilla Yogurt Parfait with Muesli, Blueberries, Pineapple, Banana and Strawberry 6.50

Continental

Pastry Basket with assortment of Baked Goods
each 1.65 3 piece 4.00 5 piece 6.00

Toast or Bagel with Hero Preserves 3.25

Fresh baked Muffins sm. 1.60 lg. 3.25

Sides

Cream Cheese	2.25
Sliced Tomato and Cucumber	4.00
Vanilla Yogurt	2.75
Chilled Hard Boiled Egg	2.25

Note: Membership Discounts apply. Please be advised that 15% Gratuity Service Charge will be automatically added to the above prices

SPORTS BAKERY

Sports Bakery and Espresso Bar

Specialty Coffees

Espresso
Single 3.00
Double 4.25

Espresso Lungo
Single Espresso plus 3.5oz. filtered water 3.25

Americano
Single Espresso plus 6.5oz. filtered water served with Milk 4.70

Cappuccino Classico
Single Espresso plus 8oz. of Steamed frothed Milk 4.70

Cafe Latte
Single Espresso plus 8oz. of Steamed frothed Milk 4.70

Espresso con Panna
Single Espresso topped with Sweetened frothed Milk 4.75

Caramel Macchiato – Steamed Milk whipped to a light Froth,
marked with Espresso and Drizzled with Caramel 4.70

Chai Latte – whipped to a Light Froth with Milk or Soya Milk 5.00

Green Tea Latte
whipped to a Light Froth with Milk or Soya Milk 5.00

Freshly Ground Coffee	2.25	2.75
Orange Pekoe Tea or Hot Chocolate	2.25	2.75

Add a Shot of Flavoured Syrup or Diet Syrup to your Freshly Brewed Coffee

Herbal Teas 3.25

Protein Shake

Build your own Delightful Blend
Protein Shakes start with Ice, Banana,
single shot of Whey Protein Isolate and Skim or Soya Milk
20oz. 6.50
add Blueberries/ Extra Banana/ Strawberries 1.45ea.

Smoothies

Choose one of our blended Creations

Vanilla Yogurt, Ice and Banana included 12oz. 6.95

1 Freshly Squeezed Orange Juice, Blueberry and Strawberry
2 Freshly Squeezed Orange Juice, Spinach and Blueberry
3 Nutella, Maple Syrup and Cinnamon

Cold Drinks

Freshly Squeezed Valencia Orange Juice	9oz. 3.25	12oz. 4.75
Cranberry Juice, Tomato Juice or Specialty Juice		3.50
Apple Juice, Tomato Juice or Nestea Ice Tea		3.50
Bottled Water		2.00
Gatorade		4.25
Snapple		3.50
Milk 2%, Skim		2.25
Perrier Sparkling Water		3.50