



Starters

Soup du Jour

*Our Homemade Soups are Always House Made composed Daily
with only the Freshest Ingredients*

7.95

French Onion Soup †Spa Club Selection V Gf

*Vegetable Broth with a hint of Merlot, Caramelized Onion
Gf Toast and Gratinee Emmental Cheese, Broiled to order*

10.25

Garden Salad †Spa Club Selection V Gf

*Mixed Red Leaf, Bibb and Radicchio, Ripe Tomato, Cucumber and Carrot Straws
choice of a variety of Dressings including Red Wine Vinaigrette*

9.50

RHCC Greek Salad Gf

*Romaine Lettuce, Feta Cheese, Tomato, Cucumber, Red Onions
and Kalamata Olives, tossed in our Signature Herbal Dressing*

13.25

Classic Caesar Salad

*Romaine Lettuce with Garlic Croutons, Parmigiano Reggiano
in a Creamy Caesar Dressing*

12.25

add additional Protein to any Salad

Grilled Chicken or Surimi Seafood

7.25

Calamari

*Crispy Squid with Spicy Mango Dipping Sauce served with
Diced Salad of Tomato, Cucumber and Red Onion tossed in Lemon Olive Oil*

12.50

Smoked Salmon Appetizer Gf

*Delicately Smoked with Applewood - served with Bermuda Onion,
Capers and Lemon*

17.25



Entrées

Grilled Atlantic Salmon Teriyaki served with Steamed Jasmine Rice, Shitake and Ginger Baby Bok Choy †Spa Club Selection 26.95

RHCC Salmon Pavé with Salsa Verde served on Arugula, Fine Sliced Bell Peppers Green Onion, Aged Date Balsamic Drizzle †Spa Club Selection Gf 22.50

Roast Breast of Chicken Gf served with Grilled Asparagus, Creamy Polenta Sun dried Tomato and Stilton Cheese Sauce 18.75

Grilled Angus Striploin Steak Gf Pepperberry Spice and Red Wine Sauce, Yukon Mash Potatoes, Daily Vegetables
6 oz. 28.00
10oz. 34.50

Linguine Pasta
with Tomato Sauce v 14.25
with Beef Bolognese Sauce 15.50

Oriental Selection Entrees

Chicken Stir Fry †Spa Club Selection Fresh Harmony of Vegetables in Mushroom Sauce Choice of Jasmine Rice or Udon Noodles 21.95

Silken Tofu Stir Fry with Konjac Yam Noodles Fresh Vegetables and Mushroom Sauce †Spa Club Selection 19.95 substitute Konjac Yam Noodles for Steamed Rice

Szechwan Beef or Shrimp Stir Fry with Fresh Vegetables Steamed Rice, Shitake and Chilli Bean Sauce 22.95

Thai Coconut Shrimp Gf in a Spicy Aromatic Red Curry, Bell Peppers, Celery, Carrots Sweet Golden Pineapple and Fresh Basil 23.95

Sweet and Sour Chicken with Bell Peppers Pineapple and Steamed Rice Gf 21.95

Sharing

Redwoods additions for Sharing at the Table 6.95ea.
Yukon Gold Mash Potatoes
Vegetarian Ratatouille
Grilled Asparagus with Sea Salt and Splash of Aged Balsamic
Feta Cheese with Kalamata Olives, Onions and Parsley
Sweet Potato Fries with Mango Chipotle Dipping Sauce

†Spa Club Selection items promote a Healthy Choice without compromising taste v vegetarian Gf gluten free
Please note our Kitchens are not Gluten free or Nut free Environments. Deep Fry Oil is Trans fat free